

Guideline for bathing

First, wash your body

All guests are expected to wash themselves before entering the bath at individual washing points. They have faucets, movable shower heads, and stools. Feel free to use shampoos, hair rinses, and soaps which are provided.

Rinse yourself thoroughly

Please rinse all soaps and conditioners off before entering the bath.

Entering the bath

Please be careful before entering a bath. The water temperature is about from 37°C to 42°C. Your body may need time to adjust to this temperature. Even though it seems to be too hot, you may not add cold water.

Do not put your towels in the water

You are generally required to set your towel off to the side of the water, or place it on top of your head while bathing. In the latter case, this also helps to prevent a rush of blood to the head.

Types of baths

Onsens come in many types and shapes including "Uti-buro" and "Roten-buro." *Uti-buro* is an indoor bath, and *roten-buro* is an outdoor. Jacuzzi, sauna, and others are parts of *uchi-buro*. Some *onsens* have "Denki-yu," (an electric bath), that provide the effect of a good massage.

Onsen



Keep the Bath Clean!

No swimsuits are to be worn in the baths; however glasses and wrist-keys are allowed. You may also bring a small towel into the

bathing area, but it should not touch the bath water. Additionally, hair should be tied up and kept out of the bath to avoid loose strands from falling in.

Electric Bath

